



From the Heart of the First Lady

Sit Like A Lady

Ephesians 2:5-6 (KJV) ⁵ Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;) ⁶ And hath raised us up together, and made us sit together in heavenly places in Christ Jesus:

Where Are You Seated?

I was told over and over when I was young to “sit like a lady.” And I have instilled the same manners in my daughter and my teenage granddaughter. Without realizing it, ladies can sometimes sit in a way that sends the wrong signals and attract unwanted attention.

How we sit spiritually speaking is even more important. In fact, it’s not so much how we are sitting; but realizing *where* we are sitting and *who* we are seated with in the spiritual realm that determines whether our Christian walk will be characterized by success or defeat.

In both the Old and New Testaments, the Bible makes numerous references to ‘seating arrangements’ as our position is as important to God as our posture. In Genesis 43, Joseph’s brothers were shocked when reuniting with him after seventeen years he seated them in order from oldest to youngest; in Revelation 20, John saw “thrones on which were seated those who were given the right to judge;” and in every book in between we read of pharaohs and kings seated on their thrones with their [ladies] nearby. So my question to you is, where are you sitting? Do you know? If not, have you thought about it?

As I just mentioned, knowing your position determines your posture as a Christian lady. Let’s explore this a bit further: Ephesians 2:6 says “And hath raised us up together, and made us sit together in heavenly places in Christ Jesus.” We can easily deduce that “us” is in fact us (the Apostle Paul who wrote this letter to the church in Ephesus as well as you and me). We can also deduce that we are sitting together with Christ Jesus somewhere in heavenly places. Now, to further understand where we are seated, we need to know where Christ is sitting. Let’s go back a few verses to Ephesians 1:20-21 (KJV) ²⁰ Which he wrought in Christ, when he raised him from the dead, and set him at his own right hand in the heavenly places, ²¹ Far above all principality, and power, and might, and dominion, and every name that is named, not only in this world, but also in that which is to come: I don’t know about you, but I needed to take a break and run around the room for a few minutes.

Prayer:

Dear Lord, I pray for your guidance. Grant me the grace to ask where and with whom you would have me to sit, that the Spirit of wisdom may save me from all false choices, and that in your light I may see light, and in your straight path may not stumble; I glorify your holy Name, and finally, by your mercy, I may obtain everlasting life; through Jesus Christ our Lord. *Amen.*

Did you get that?!!! If you are “in Christ” you are seated in the heavenly realm not only RIGHT NEXT TO GOD, but also FAR ABOVE ALL of the devil’s power, might and dominion! Is there any seat of honor higher than that? And if you knew where you were seated, wouldn’t that determine *how* you sit? Wouldn’t you sit next to the KING of Kings as royalty would? Wouldn’t you go from success to success; from glory to glory not just because of where you’re seated in the heavenly places but because of how you stand here on earth as well? When Satan comes to tempt you here on earth, wouldn’t you stand your ground because you know where you are seated in Heaven? Sadly, many Christians live a defeated life because they are not sitting in their assigned seat.

This brings me to another seat (sadly, one more familiar for far too many Christians). Psalm 1:1 (KJV) Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.

More than anything, this verse speaks of our position in this physical realm. Many Christians with sincere love for God and the best intentions are still walking, standing and sitting with people who are opposed to God. The 2016 Gallup “Morals and Beliefs Poll” revealed an astounding 20% increase in acceptance of sinful acts (abortion, adultery, divorce, gay/lesbian lifestyle; etc.) since the year 2000. Many people in the church today are comfortable with their religion; they are merely playing at church. They are not advancing in their life with Christ, but are materialistic, earthly-oriented, living as earth dwellers and not sojourners.

So, I’ll ask again, where do you find yourself sitting? Is it in Christ or with bad company? Are you sitting in the driver’s seat in route to victory or are you in idle? Are you sitting at the forefront of your Divine Calling or in front of the TV or computer for hours on end? Are you sitting on the phone gossiping? Are you sitting pretty reaping covenant blessings or are you a sitting duck for Satan?